

NASSAU COUNTY WALKING LOCATIONS

Bar Beach- North Hempstead Beach Park

Bar Beach LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions
Address: 175 West Shore Road, Roslyn Phone: (516) 869-6311 Hours: 7:30am to 5pm (Winter) 9am to dusk (Summer) Bathrooms: on site	Only accessible to Nassau County Residents Residents: \$15 cash/ \$10 credit Non residents: \$20 cash/ \$18 credit Season Pass: Residents \$50 Senior: \$25 for Annual Veterans Discount: \$25 for Annual	34 acres of sandy beach and recreational activities Harbor Trial -2.5 Mile Round Trip Paved Trails *Stroller Friendly	Yes, only on the boardwalk	Basketball Baseball Fields Beaches Boat Ramp Bocci Ball Fishing Handball Kayaking Picnic Areas Playgrounds Shuffle Board/Soccer Fields Stand up Paddle Boarding/Volleyball Courts



Christopher Morley

Christopher Morley LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions
Address: 500 Searingtown Road, Roslyn, NY 11576 Phone: (516) 571-8113 Hours: Pool: 10am-6pm Bathrooms: onsite by the pool	Pool- Nassau Residents only) With Leisure Pass: Resident adult: \$10 Resident child: \$6 Senior/Veteran/ Disabled/Cops/FF: \$6 Without Leisure Pass: Adults: \$25 Child: \$20 Park: free for Nassau Residents	98 acres is centrally located in the northern part of the county. Nature/Walking trails. Paved and dirt trials. 1-mile fitness trail with 20 exercise options mixed in	Dogs can hike/walk part of the nature trails while leashed.	Farmer's Market (Wednesdays Mid May- November 7am-1pm) Playground Skating Rink Walking/ Hiking Trails 10 Indoor Tennis Courts Four handball/paddleball courts (no lights) courts Four basketball courts Athletic fields include three baseball fields and volleyball courts. Picnic Areas (First come first serve) Golf Pool



Clark Botanic Gardens

Clark Botanic Gardens LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 193 IU Willets Road, Albertson, NY 11507 Phone: (516) 484-2208 Hours: 10am-6pm (April-October) 10am-4pm (November-March) Gift shop open 11:00-3:30 (April-Christmas) Restrooms: accessible and available on the grounds	Free to public except for scheduled events	12 acres Short trails that are stroller friendly	Dogs allowed on leash	Living Museum Educational Experience Ponds with tadpoles and turtles Children Workshops Picnic Areas

Clarke Botanical garden in Albertson has short trails, stroller friendly, ponds where children can find tadpoles and turtles. No fee. Hidden gem. Many picnic areas. You can spend a whole day lazing around with a book while your children play in nature by you. I used to bring some empty Tupperware containers for them to fill with dirt or pond water and they played hours by the pond edge. LI RESIDENT



Eisenhower Park

Eisenhower Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Special Accomodations	Attractions
Address: 1899 Park Blvd, Westbury, NY 11590 Phone: (516) 572-0347 Hours: Pool: M-F 9am-9pm Weekend: 9am-6pm Bathrooms: onsite throughout park	No Entrance FEE to the park Pool- Leisure Pass: \$8 adult, \$6 children under 12yo, seniors/veterans/ disabled/ firefighters/police/ ambulance No Leisure Pass: \$22 adult, \$14 children under 12yo, seniors/veterans/ disabled/ firefighters/police/ ambulance	930-acre oasis of open space and recreation 2-mile fitness trail that includes 20 fitness stations that incorporate a variety of exercises (enter near parking field no. 2)	Dog Park located in a separate part of the park. Dogs are not allowed throughout the park.	Specific playground called "Let All the Children Play" which is suitable for children with all needs to play harmoniously with no barriers	Pool (Nassau County Aquatic Center) Three different playgrounds Skating Rink (2 indoor NHL sized rinks, 1 outdoor rink) Walking/ Fitness Trails 14 Tennis Courts (including lights) 2 Pickleball courts (516-572-0347) Athletic fields (several lighted for night play) 14 ballfields, 2 cricket fields, 2 football fields Full-court basketball court Picnic areas Summertime entertainment (Harry Chapin Lakeside Theater



Eisenhower Park (cont)

Eisenhower Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Special Accomodations	Attractions
1899 Park Blvd, Westbury, NY 11590 Phone number: 516-572-0347	Golf- Leisure Pass required 18-hold golf course Driving range Miniature Golf: With Leisure Pass: \$10 adult, \$7 children under 12yo, seniors/veterans/disable d/ firefighters/police/ ambulance Without leisure pass: \$16 adults				Golf (Three 18-hole courses) 516-572-0327 Driving Range (516-572-0336) Mini Golf (M-F 3-9pm, Sat/Sun 1-9pm) Splash Park/Sprinkler Fun Batting Cages Safety Town (516-573-3190 – appointment only) Memorials Bocce Courts



Garvies Point Museum & Preserve

Garvies Point Museum LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 50 Barry Drive, Glen Cove, NY 11542 Phone: (516) 571-8010 Hours: Museum & Gift Shop open Tues-Sat 10am-4pm	Museum: \$5 for adult, \$3 child	62 Acre Nature Preseve 1.6 mile loop	Dogs are not allowed on the trail	Butterfly Gardens Archaeologist Past Garvie Family Cemetery Rocky Beach Grassy Meadows Ponds Butterfly Gardens Archaeologist Past Garvie Family Cemetery Rocky Beach Grassy Meadows Ponds Grassy Meadows Ponds Garvies Point Brewery: Don't forget to check out the local brewery!



Hempstead Lake State Park

Hempstead Lake State Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Special Accomodations	Attractions/Amenities
Address: 1000 Lake Drive, West Hempstead, NY, 11552 Phone: (516) 766-1029 Hours: Open Year Round, Sunrise to Sunset Bathrooms: onsite throughout park	Cars - \$8 Entrance Fee Collected M-F 8am-4pm Weekends/Holidays 7am-6pm FREE WITH EMPIRE PASS Carousel: \$2/ride from 4/2-10/10, weekends and holidays (Carousel room available for party rentals)	930-acre oasis of open space and recreation 2-mile fitness trail that includes 20 fitness stations that incorporate a variety of exercises (enter near parking field no. 2)	Pets are allowed in day use areas	Playgrounds and fishing areas are accessible	Biking Boat Launches Equestrian Trails Fishing Grills Hiking Pavillion and Shelter Rentals Playgrounds Playing Fields Snowshoeing/X-country Skiing 18 Tennis Courts 6 Pickleball Courts
					3 Ponds stocked with trout (Can use inflatable boats)



Jones Beach State Park

Jones Beach LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Special Accomodations	Attractions/Amenities
Address: 1400 Ocean Parkway, Wantagh, NY 11793 Phone: (516) 785-1600 Hours: Ocean swimming available Memorial Day week-Sept 18th, weather permitting (lifeguard on duty) Bathrooms: available on boardwalk	Cars- \$8/car, increasing to \$10 when beach is open (end of May-September) FREE WITH EMPIRE PASS	6.5 miles of white sand 2,400 acres of maritime Boardwalk Field 1 to the West End area is a 2.3 mile walk Bike path starts at Cedar Creek Park (Seaford) to the East Bathhouse on the Boardwalk (5.4 miles).	No pets allowed	Beach wheelchairs available at no cost–field 2 and field 6 Beach access ramp located in the west side of field 6 parking lot Lifeguards staffed throughout beach	Fish Swimming Beach (Accessible) Swimming Pool (Accessible) Visitor Center (Accessible) Wildplay Adventure Park _**parking fields 4 and 5ng (Accessible) Food (Accessible) Gift Shop (Accessible) Marina Nature Center



Jones Beach cont.

Jones Beach LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Special Accomodations	Attractions/Amenities
					Playgrounds (Accessible) Showers (Accessible) Stand-up Paddle Boarding Surfing/Windsurfing



Kings Point Park

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Special Accomodations	Attractions/Amenities
Address: Redbrook Road, Great Neck, NY 11024 Phone: (516) 572-0200 Hours: Open 24 hours/day Restroom: available at park entrance	No entrance fee	175 acres in the park More than 5 miles of hiking trails 1.8 mile flat loop that is popular for birding, running and walking	Dogs allowed on leashes in designated areas		4 Baseball / Softball Diamond 2 Basketball Court Cross-Country Skiing Grill Picnic Areas Picnic Tables Playground Sled Hill Soccer Field 4 Tennis Court Trails



Lido Beach Passive Nature Area

Lido Beach LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address:1051-1137 Lido Blvd, Lido Beach, NY, 11561 Phone: (516)431-9200 Hours: sunrise-sunset year round	Lido Beach parking fee: \$10/car for residents	40 Acre Lido Beach Site "Overlook" walking trail (approx 20 minute walk) No bikes allowed	Dogs not allowed	Plan to restore 2,200 acres of tidal wetlands Vegetation, marine life and flora and fauna Great for photography



Massapequa Preserve

Massapegua Preserve LINK

<u>Massapequa i ie</u>	T	T	I		T
Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Special Accomodations	Attractions/Amenities
Officially called "The Peter J. Schmitt Massapequa Preserve" Address: Merrick Road & Ocean Avenue Restrooms: n/a directly in the preserve, however at mile marker .5 there is a playground that has accessible bathrooms.	No entrance fee Can park on the side streets or near the train station	Bike trail 2 mile loops, but can go all the way up Bethpage Parkway for a 10-15 trip one way Hiking trail (via the Greenbelt) 6.3 There and Back Trail	Enter on Walker Street for dog friendly trail and stay off bike path		Fishing Nature Walks Jerusalem Avenue Secret Garden Kiwanis Fishing Bridge (on Clark Street) 3 Lakes filled with fish, turtles and ducks

[&]quot;The preserve in Massapequa Park is very nice. It has a paved and unpaved path, and can take you from Brady Park ((great playground)) to Bethpage on walking and biking trails. "-LI RESIDENT

[&]quot;Massapequa Preserve has a paved path as well as a path through the woods with multiple different ways to go. There are also little bridges to cross and also some streams and ponds as well (dogs love that)." -LI RESIDENT



Muttontown Preserve

Muttontown Preserve LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 25A West of Jericho-Oyster Bay Road, Muttontown Lane, East Norwich, NY 11732 Phone: (516) 571-8500	No fee **maps and brochures available on site.	550 Acres of Fields 2.5 mile EASY loop. View Trail here.	Dogs are not permitted on these trails.	Nature Center Estates- Historic Mansions Woodlands Ponds
Hours: Open everyday from: 930-4:30 Named "Best Nature Walk of Long Island" in 2006 by the Long Island Press				



Nassau County Museum of Art

Nassau County Museum LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 1 Museum Drive, Roslyn, NY 11576 Phone: (516) 484-9338 Hours: 11:00am-4:45pm (closed Mondays)museum store available same hours Restrooms: available onsite	Adults \$15 Seniors: \$10 Under 12 & Student ID: \$5 Under 4: Free	Gardens and art on display throughout outdoor area, where you can walk around 9 marked trails available throughout the grounds Trails cover 6 miles	Dogs allowed on leash	Rotating art exhibits available Sculpture Garden Kids garden and maps available Classes and workshops available for all ages Yoga Classes Self-Guided Tours



Norman J Levy Park and Preserve

Norman J Levy Park LINK

Park Info	Entrance FEE/Residents	Types oNorman J Levy Park Website f Trails	Dog Friendly	Attractions/Amenities
Address: 600 Merrick Road, Merrick, NY 11566 Phone: (516) 804-2000 Hours: 7am-4:30/7:30 depending on season check site	Free for residents of the Town of Hempstead Click here to view a brochure	Total Loop about 3 miles Link to a 2.0 mile loop. View trial here.	Dogs are not permitted on this trail.	Bird Watching, Trail Running Highest point of Long Island, on a clear day, has great views of Long Island and the city skyline. Exercise Stations along trials Kayaking- available June-August. Can also bring your own kayak to launch Animals on site: dwarf goats, birds, snakes

[&]quot;Norman Levy in Merrick has goats and it's a great paved path with a few things to see like a sun dial and workout equipment. It also can take you to the water—Norman Levy Park in Merrick has a couple of loops that wind up a hill and when you get to the top there are great views of the island. There are also goats and chickens there as well. If you hit it at the right time the goats are out for their walk as well and can walk right beside you." - LI RESIDENT



Oceanside Marine Nature Study Area

Oceanside Marine Nature Study LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address:500 Slice Drive, Oceanside, NY 11572 Phone: (516)766-1580 Hours: 9am-5pm	No fee	Hiking trails available	Unknown	Devoted to environmental education and natural history Offers group programs for visits Saltmarshes Flora & Fauna
Closed Sunday/Monday & Holidays Restrooms: available onsite				Two Tidal Watercourses Observation and Study Areas



The Queens County Farm Museum

Queens Farm Link

Queens Faim Link				
Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 73-50 Little Neck Parkway, Queens, NY 11004 Phone: (718) 347-3276 Hours: 10am-5pm Restrooms: accessible and available on the grounds	Free to public except for special ticketed admission days	47 acres of Floral Park and Glen Oaks No bicycling on premises Short trails available	Not allowed due to safety of farm animals	Field Trips available Hayrides Farmhouse Tours Compost Drop Off Seasonal Farmstand Livestock/farm animals (can purchase feed to feed the animals) Vegetables, fruit, honey and eggs available for purchase Picnic spots

[&]quot;Queens farm in Franklin Square Has short trails, picnic spots, roosters running around"- LI Resident



Sagamore Hill National Historic Site

Sagamore Hill National Site LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 20 Sagamore Hill Road, Oyster Bay, NY 11771 Phone: (516) 922-4788 Hours: Sunrise-sunset year round Museum open Thursday-Sunday 11:00am-4:00pm Restrooms: available onsite (accessible)	No fee to visit the grounds	83 acres 1.5 mile nature loop (passes through woodlands and beach) Can also walk around beach and creek	Dogs allowed on leash	The Summer White House (home of Teddy Roosevelt) Cold Spring Harbor Beach Eel Creek (marshland) Group tous available Picnic areas Outdoor exhibits (Farm Shed and Chicken Coop of Teddy Roosevelt) Birdwatching Outdoor Programs offered on weekends



Sands Point Preserve

Sands Point LINK

Sand Form Elivit						
Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities		
Address: 127 Middle Neck Road, Sands Point, NY 11050 Phone: (516) 571-7901 Hours: 11am-7pm Wednesday-Sunday Gift shop open 11:00-3:30 (April-Christmas) Restrooms: accessible and available on the grounds	\$15/car \$4 walk-in Veterans Discount	216 acres 6 marked trails available Link to View Trails (trail map available here or at the Gatehouse)	Dogs allowed on leash Dog run available	Original Guggenheim Estate Phil Dejana Learning Center Woodland Playground Mansion Tours Guided Nature Walks Picnic Areas Rose Garden Beach Access		



Stillwell Woods Park

Stillwell Woods Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address:72 S Woods Road, Woodbury, NY 11797	No fee	270 Acre Preserve One way trails	Unknown	Mountain Biking Running
Phone: (516)797-4128		Can mountain bike, run or hike on trails		Hiking Equestrian Trails
Hours: 7:00am-5:30pm (open dawn to dusk)		Loops range between 945 feet-2 miles		Athletic Fields
		Intermediate loops (blue–Ewok Forest, I See Dead People, Rags and Bones, Twisted Sister, Yellow)		
		Challenging loops (black diamond–Enter Sandman, Lincoln Logs, Locomotive Breath, Snake Pit) Shorter loops with more climbing		



Twin Lakes Preserve

Twin Lakes LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 200 Park Avenue, Wantagh, NY 11793 (Old Mill Road) Phone: (516)431-9200	No fee	58 acre preserve 1.5 mile loop around the lake (3 mile loop around both lakes)	Dogs are not permitted	5 Freshwater Ponds Freshwater Wetlands Bird-watching Sport Fishing
Hours: 7:00am- 5:30pm (open dawn to dusk)				Hiking



Valley Stream State Park

Valley Stream State Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: Valley Stream State Park Road, Valley Stream, NY 11580 Phone: (516) 825-4128 Hours: Sunrise-sunset year round Restrooms: available onsite	\$8 fee/car during May 25-September 2 and weekends/holid ays September 7-October FREE WITH EMPIRE PASS	95 acre state park Walking trail – 0.5 mile loop with 15 exercise stations	Pets not permitted	Biking Grills Pavilions and Shelter Rentals (Accessible) Playgrounds (Accessible) Playing Fields (volleyball, basketball, baseball) Snowshoeing/X-Country Skiing



Wantagh State Park

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 1 King Road, Wantagh, NY 11793 Phone: (516) 571-7460 Hours: 6:30am-9pm Pool: 10am-6pm (Nassau Residents only) Bathrooms: on site	No entrance fee Leisure Pass and permit required to rent picnic areas Pool: With Leisure Pass: Resident adult: \$10 Resident child: \$6 Senior/Veteran/ Disabled/Cops/FF: \$6 Without Leisure Pass: Adults: \$25 Child: \$20 18-hole mini golf With Leisure Pass: \$9 adults, \$6 children/disabled/ veterans/cops/FF/ Seniors Without Leisure Pass: \$14	111 Acres of Park 2-mile fitness trail including 20 exercise stations Trails available for biking, walking and running	Dogs run available. Dogs are permitted in dog run, only.	Playgrounds available for toddlers through teens 18 hole mini golf Pool with splash park, water slides and dive tank Boating (launch ramps available) Fishing pier available all year round Horseshoe Courts Game area Community Room available for rent Three softball fields and one baseball field (with lights) Five tennis courts Basketball court

Wantagh park - we love the spray park, walking along the water and pointing to trees and other nature, and having a picnic with the kids! -LI Resident



Old Westbury Gardens

Old Westbury Garden LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 71 Old Westbury Road, Old Westbury, NY 11568	Tickets include admission to the gardens and the Westbury House	160 acres grounds Can walk around gardens and grounds	Dogs allowed on leash except in Walled Garden	The former estate of John Shaffer Phipps
Phone: (516) 333-0048 Hours: open 10am-6pm daily, closed Tuesdays (April-October)	General: \$14 Seniors/students: \$12 Ages 7-17: \$8 Ages 6 & under: free (can also find discounted/free tickets at	1 mile loop located near the Gardens	(dogs not allowed on the trail)	Historic Mansion Garden Conservation Picnic Areas (bring blanket and food)
Restrooms: available in a free standing building (accessible)	the library)			Educational Opportunities Wedding Photos Children's Garden