

# SUFFOLK COUNTY WALKING LOCATIONS

## **Argyle Lake**

Argyle Lake LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: Attached to Babylon Village  Phone: (631)669-1500  Hours:sunrise-sunset all year round	No fee Campground nightly rate begins at \$10	25 acres  0.8 mile loop around the lake	Dogs are welcome in campgrounds	85 different campsites Fishing Access through Babylon Village



#### **Avalon Nature Preserve**

### **Avalon Nature Preserve LINK**

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: Harbor Road, Stony Brook, NY 11790  Phone: (631) 689-0619  Hours: 7am-7pm (April-May), 6am-8pm (June-August), 7am-5pm (November-March)  (closed Mondays)  Restrooms: no public restrooms available	Always free	Mill Pond Trail— 0.35 miles (wheelchair accessible)  Coastal Corridor Trail— Red Trail: 0.3 miles Yellow Trail: 2.2 miles  Hilltop Meadow Trail— Yellow Trail: 2.2 miles Orange Trail: 1.1 miles  Summer Sanctuary Trails: Yellow Trail: 2.2 miles Green Trail: 1.0 miles Blue Trail: 0.8 miles	Dogs allowed on trail, must be leashed	Hiking trails  Conservation efforts  Classes, talks and other activities available  Ponds  Forests

"Avalon park stony brook has mixed- part walkways by a lake, some through woods, some through fields. Located by Stony Brook village — It's a nature preserve and really close to Stony Brook village as well as the docks. You can feed the ducks, have a picnic or hike and then go shopping and brunch. There is a part where you can just walk and observe nature as well as a part where you can rent boats off by the docks. The other side of the park also opens to where a lot of people take family pictures(including us!) my son 3 loves it since he was in my belly. The 1yr old also loves taking the stroll—usually packed in the summer but if you can go on a weekday it's really nice—Avalon is great with well maintained hiking pathways. There is a walking labyrinth and a sculpture where you can insert letters to those who have passed. There is a meadow area, woods and pathways over/by the water." LI Resident



### **Bayard Cutting Arboretum**

**Bayard Cutting Arboretum LINK** 

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 440 Montauk Hwy, Great River, NY 11739  Phone: (631) 277-3895  Hours: open 9am-5pm daily (Closed Monday)  Restrooms: available in a free standing building (accessible)	Cars- \$8 parking fee (April-November) Seniors- parking for free Walk in fee- none FREE WITH EMPIRE PASS	2.3 mile loop near Bayard Cutting Arboretum (not considered hiking trails, but walks through a nature preserve)	No pets allowed on the property	Home of William Bayard Cutting Hidden Oak Cafe (open 11am-3:30pm)serve "Victorian Tea"  "Museum of Trees"  Many flowers and plantings  Cross a bridge to an island  Stroller friendly  Chicken Coop Lake to sit around

<sup>&</sup>quot;Bayard cutting arboretum (great river), it's gorgeous there! Many different varieties of plants and flowers. There is a large chicken coop and a lake to sit around." LI RESIDENT

<sup>&</sup>quot;Bayard cutting arboretum in bay shore/Islip area. Many kinds of pathways and environments in one gorgeous spot, from asphalt (wheel friendly) to rocky and dirty path). Paths by the water/bay and paths through the tree lined woodsy area. They have chickens to feed and different seasonal plants growing all year long. One of the most incredible LI spots, truly. A gem! Our little guy is 3 and we've been going there since birth. It's a state park so when they are charging it's \$8 to park. But they don't in the off season. Also free entry with empire pass." LI RESIDENT



### **Belmont Lake State Park**

## Belmont Lake State Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 625 Belmont Ave, West Babylon, NY 11704  Phone: (631) 669-1000  Hours: sunrise to sunset all year round	Cars- \$8 parking fee (April-November) Seniors- parking for free Walk in fee- none	463 acres  Walk around the full lake for a 7.6 mile walk (can also bike)  Paths with exercise paths throughout the park	Dogs on leash are allowed  Dog Run available	Hiking/walking  Biking  Nature Observation  Cross-Country Skiing
Restrooms: available located near parking lot	FREE WITH EMPIRE PASS			Playgrounds (accessible)  Horseback riding through Babylon Riding Center  Pedal boats, rowboats, and kayaks are available for rent  Dog run  Playing Fields (Basketball, Baseball, Horseshoes, Bocce Ball)  Picnic Areas (free)

<sup>&</sup>quot;Can walk the whole perimeter with little exercise tasks along the way. Also you'll reach the middle of Belmont Park and can rent a canoe or paddle boat for only \$20 for 2 hours. Playground, lots of beautiful birds and little bridges. Kids and I love it"! LI RESIDENT



### **Caleb Smith State Park**

## Caleb Smith State Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 581 W Jericho Turnpike, Smithtown, NY 11787  Phone: (631) 265-1054  Hours: 9am-4pm (closed Monday and Tuesday)nature museum open  Restrooms: available located near parking lot	Car-\$8 during summer hours  FREE WITH EMPIRE PASS	543 acres  Hiking only (no bikes)  All Access Nature Trail (pink)0.6 miles  Blue Trail (blue) -0.9 miles  Fire Road (purple) - 1.3 miles  Greenbelt Trail (white) -2.5 miles  Green Trail (green) - 1.5 miles	Pets not permitted	Fly Fishing (\$25 for 4 hours)  Gift Shop (Accessible)  Hiking  Nature Center  Snowshoeing/X-Country Skiing  Visitor Center (Accessible)
		Orange Trail (orange) – 0.9 miles  Red Trail (red) – 1.3 miles  Yellow Trial (yellow) –.1.0 miles		

Caleb smith state park Smithtown (if you have a state access pass you don't pay for parking). Large bodies of water with no fence for those kiddos who are attracted to water. LI RESIDENT



## **Caumsett State Historic Park Preserve**

## Caumsett State Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 25 Lloyd Harbor Road, Lloyd Harbor, NY 11743  Phone: (631)432-1770  Hours:sunrise-sunset all year round  Restrooms: located at the Visitor Contact Center at the start of the trail	Cars- \$8/vehicle  Permits available for fishing and diving  FREE WITH EMPIRE PASS	1,255 acres 2 trails available for hiking and biking Historic Perimeter Loop -5.2 mile loop Trail for biking-2.5 mile loop	No pets allowed	Biking Equestrian Trails (lessons available) Fishing Food (seasonal) Hiking Snowshoeing Cross-Country Skiing Birdwatching



### **Elizabeth Morton National Wildlife Refuge**

Elizabeth Morton Wildlife Refuge LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 2595 Noyack Road, Sag Harbor, NY 11963  Phone: (631)286-0485  Hours:½ hour before sunrise - ½ hour after sunset  Restrooms: located at the Visitor Contact Center at the start of the trail	Free to public except for scheduled events	Self-guided wild birds tour (1.2 miles) through woodland areas and the beach 2 mile beach walk	No pets allowed	Wildlife conservation system  Hundreds of species of birds, fish, mammals  Diverse habitats that support breeding  Fishing  Wildlife observance  Interactive family activities offered on Saturdays during the summer  Hiking  Cross-country skiing  Picnic areas/ Snowshoeing  Ranger Led programs

Elizabeth Morton (sag harbor) is a beautiful walk as well. Trail leads to a gorgeous beach on the north shore. Be sure to bring bird seed the birds will literally eat from your hand. LI RESIDENT

Elizabeth Morton Wildlife Sanctuary is in Sag Harbor. Lots of wildlife along the path and if you bring birdseed and stand on the path the birds will fly right into your hand to eat out of it (kids got a kick out of that). One of the paths opens to a private beach on the Peconic Bay so we packed a lunch and our suits and made a day of it.



# **Gardiner County Park**

Gardiner County Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: Montauk Hwy, Bay Shore, NY 11706  Phone: (631)854-4949  Hours:sunrise-sunset all year round  Restrooms: available onsite	No fee	231 acres  1.3 mile loop Duck Trail to Fox Trail to Plover  Can take Beach Road (wirde trail) to walk to the Great South Bay (add about 0.5 miles)	Dogs are welcome and are allowed off leash in designated areas	Birdwatching Fitness Trail Nature Trails Dog Park Beach



#### **Heckscher State Park**

## **Heckscher State Park LINK**

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 1 Heckscher State Parkway, East Islip, NY 11730  Phone: (631)581-2100  Hours: open 24 hours (campgrounds open end of May)  Restrooms: located throughout the park	Car- \$8/vehicle  Cottages available for rental  FREE WITH EMPIRE PASS	3.3 mile loop for biking, running and walking 20 miles of trails	No pets allowed on the trail  Dog park available	Biking Boat Launches (Accessible) Campsites, Cabins & Lodging (Accessible)* 4 of the 15 are Accessible. Canoeing/Kayaking Disc Golf Fishing (Accessible) Grills Hiking Pavilions and Shelter Rentals (Accessible) Playgrounds (Accessible) Playing Fields Showers Snowshoeing/X-Country Skiing Stand-up Paddle Boarding Surfing/Windsurfing Swimming Beach (Accessible)

<sup>&</sup>quot;Hecksher state park (East Islip) has a lot of beautiful trails, a beach, tons of picnic areas, as well as a bunch of playgrounds. Has swings available for children with disabilities as well. There is a dog park there also I believe it is a separate trail tho. You do have to pay to enter these walking trails, but can definitely make a day out of it! I know Hecksher is free to enter after 4/5 o'clock I believe!" LI Resident



# Heritage Park

## Heritage Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 663 Mount Sinai-Coram Road, Mount Sinai, NY 11766 Phone: (631)403-4846 Hours: 10:30am-2pm (Monday-Friday), 9am-12pm (Saturday), closed Sunday Restrooms: available onsite	Fees for Community Center	2.1 mile perimeter track	Pets are allowed off season (October 1-April 14)  No pets allowed during summer season (April 15-September)	Heritage Park Community Center  Mental Health and Counseling Services  Concerts  Youth Services  Child Care  Huge Playground  Walking Track



### **Hither Hills State Park**

# Hither Hills LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 164 Old Montauk Highway, Montauk, NY 11954  Phone: (631) 668-2554  Hours: ocean swimming 9am-5pm during summers  Restrooms: available near beach	Cars- \$10 parking fee (April-November) FREE WITH EMPIRE PASS	691 acres  2.7 mile loop near Montauk, NY  Great for birding, hiking and walking	Dogs are welcome on a leash	Biking Campsites, Cabins & Lodging Equestrian Trails Fishing Food (Accessible) Hiking Hunting Playgrounds (Accessible) Playing Fields Showers (Accessible) Snowshoeing/X-Country Skiing Stand-up Paddle Boarding Surfing/Windsurfing Swimming Beach (Accessible)



## **Holtsville Ecology Site**

Holtsville Ecology Site LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 249 Buckley Road, Holtsville, NY 11742  Phone: (631)758-9664  Hours: 9am-3pm (Monday-Friday) 10am-3pm (weekends and holidays)  Closed weekends January-March  Restrooms: available	Car- \$5 parking fee  Pool- Adult: \$7(resident)/\$20 (non-resident)  Child: \$5 (resident)/\$12 (non-resident)  Veteran/Senior/ Handicapped: \$4 (resident)/\$12 (non-resident)	1.2 mile jogging and walking trail including exercise equipment stops  Walking Track	Dogs are allowed on leash  Allowed without leash in Dog Park	Animal Preserve/Zoo (100 injured or non-releasable wild animals and farm animals)accessible  Playground  Picnic Area  Pool during summer  Gardening Classes  Compost and wood chips (open 8am-4pm)  Dog Park

<sup>&</sup>quot;Holtsville ecology site - a kid friendly track you can walk, bike or rollerblade on . And the best thing connected to a petting zoo / animal rescue / kids park . Only downside is if you don't live in the town you now have to pay for parking- not sure if that's year round or only summer"- LI Resident



### **Montauk Point State Park**

## Montauk State Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 2000 Old Montauk Highway, Montauk, NY 11954  Phone: (631)323-2440  Hours: sunrise-sunset  Restrooms: free restrooms available at entrance in town beach parking lot	Cars- \$8 parking fee during season  FREE WITH EMPIRE PASS	Point Woods Loop Trail: 2.9 miles  Montauk Point Loop: 6.2 miles  Seal Haul Out: 1.6 miles  Montauk Point Beach Trail: 1.4 miles  Money Pond, Seal Haul Out, and Oyster Pond: 3.0 miles  Oyster Pond and Beach Loop: 2.4 miles  Montauk Point Lighthouse: 0.4 miles	2 pets/person are allowed in day use areas unless prohibited by a sign	Equestrian Trails  Fishing (Accessible)  Food (Accessible)  Hiking  Hunting  Playgrounds  Snowshoeing/X-Country Skiing  Stand-up Paddle Boarding  Surfing/Windsurfing



### **Orient Point State Park**

## Orient Point State Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 40000 Main Road, Orient, NY 11957  Phone: (631)323-2440  Hours: sunrise-sunset in season; winter hours 8am-4pm  Restrooms: none available	Cars- \$8 parking fee during season FREE WITH EMPIRE PASS  Kayak rental- \$30/hour  Paddleboard- \$30/hour	1.4 mile loop trail near Babylon Bike around trail/pond	Pet friendly	45,000 feet of frontage on Gardiner's Bay Birding United States LightHouse Society Passport Stamp Location Holiday Events Canoeing/Kayaking Fishing Food (Accessible) Grills Hiking/Biking Pavilions and Shelter Rentals Playgrounds (Accessible) Playing Fields Showers (Accessible)-during summer months Surfing/Windsurfing Swimming Beach (Accessible)



### **Robert Moses State Park**

## Robert Moses State Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: Sweet Hollow Road, West Hills, NY 11747  Phone: (631)669-0449  Hours: sunrise-sunset  Restrooms: available	Car- \$8-\$10/car depending on time of year (8am-4pm)  FREE WITH EMPIRE PASS  Pitch & Putt: \$11 for 18 holes (\$8 senior rate)	Fire Island Lighthouse Trail: 6.3 miles  Robert Moses Boardwalk: 1.6 miles  Robert Moses Beach Trail: 9.5 miles  Fire Island Beach Walk 21.1 miles:	Dogs are not allowed	Fishing (Accessible) Food (Accessible) Marina Pitch & Putt (18 holes) Playgrounds (Accessible) Showers (Accessible) Stand-up Paddle Boarding Surfing/Windsurfing Swimming Beach (Accessible) Boat Docking Small Gift Shop Snack Stand



# San Souci County Park

San Souci County Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: Broadway Ave, Sayville, NY 11782 Phone: (631)849-4949 Hours: sunrise-sunset	Free parking	316 acre park Yellow Access Trails White Loop Trail –1.33 miles Orange Loop Trail– 2 miles	Dogs allowed on a leash	Woodland hiking trails  Trail markers that note bear information and conservation efforts  San Souci Lakes  Birding  Hiking/trail running



## **Southards Pond Park**

# Southards Pond Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: Babylon, NY 11702  Phone: (631)669-4878  Hours: sunrise-sunset  Restrooms: none	Free parking	19 acres  1.4 mile loop trail near Babylon  Bike around trail/pond	Pet friendly	Shoreline access Fishing available Wading in pond is permitted Hiking and biking trails
available				Benches



## **Sunken Meadow State Park**

Sunken Meadow State Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: New York State Reference Rte 908k, Kings Park, NY 11754  Phone: (631)269-4333  Hours: sunrise-sunset  Restrooms: public restrooms available	Car- \$8-10/vehicle pending time of year  FREE WITH EMPIRE PASS	3.7 mile loop located near Kings Park for hiking, trail running and walking	Allowed in back trails only (on leash)	Biking (on boardwalk only) Canoeing/Kayaking Equestrian Trails Fishing Food (Accessible) Grills Hiking Pavilions and Shelter Rentals (Accessible) Playgrounds (Accessible) Playing Fields Showers (Accessible) Snowshoeing/X-Country Skiing Stand-up Paddle Boarding Surfing/Windsurfing Swimming Beach (Accessible)



## **Terrell River County Park**

Terrell River County Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 43 Montauk Hwy, Center Moriches, NY 11934  Phone: (631) 854-4949  Hours: sunrise to sunset all year round  Restrooms: available located near parking lot	No fee	263 acres  2.7 mile loop for hiking, mountain biking, and trail running	Dogs on leash are allowed	"Carry in, carry out"  Picnic benches and tables available  Mountain Biking  Hiking

Terrell river park center moriches- dog friendly- part walk on the beach! - LI RESIDENT

Terrell river is woods and beach- lots of cool outlooks and scenery Make sure to bring bug/tick spray, especially this time of year. LI RESIDENT



### **Wildwood State Park**

## Wildwood State Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: 790 Hulse Landing Road, Wading River, NY 11792  Phone: (631) 929-4314  Hours: sunrise-sunset  Restrooms: available onsite	Cars- \$10 parking fee until 4pm on weekdays nad 6pm on weekends  FREE WITH EMPIRE PASS	Blue Trail: 2.9 miles Orange Trail: 2.2 miles Red Trail: 1.8 miles Yellow Trail: 3.7 miles Unmarked Trail: 3.4 miles	No pets allowed	Biking Campsites, Cabins & Lodging Equestrian Trails Fishing Food (Accessible) Hiking Hunting Playgrounds (Accessible) Playing Fields Showers (Accessible) Snowshoeing/X-Country Skiing Stand-up Paddle Boarding Surfing/Windsurfing Swimming Beach (Accessible) Cottages now available



## **West Hills County Park**

West Hills County Park LINK

Park Info	Entrance FEE/Residents	Types of Trails	Dog Friendly	Attractions/Amenities
Address: Sweet Hollow Rd, West Hills, NY 11747  Phone: (631)854-4423  Hours: 9am-3:30pm  Restrooms: available	Car- \$13 between Memorial Day and Labor Day (can enter on Reservoir Road for free)	854 acres 6.8 miles for total loop Nathan Hale Trail Walt Whitman Trail Walking/Horse Trail Walking Trail Hike up Jayne's Hill (elevation 387 feet-highest point on Long Island)	Dogs welcome on a leash  Dog Run	Horseback Riding Facility  Dog Run  Camping  Bird Watching  Hiking  Picnic Areas  Youth Group Camping

West hills hiking trails. Dog park. Dogs, kids and horses allowed on trails. Picnic area too. LI RESIDENT