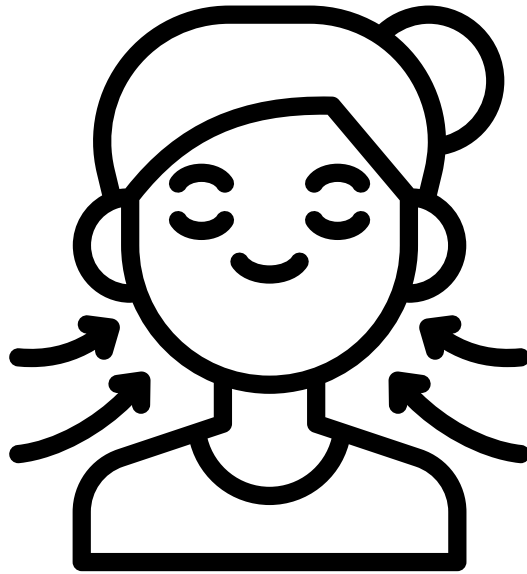


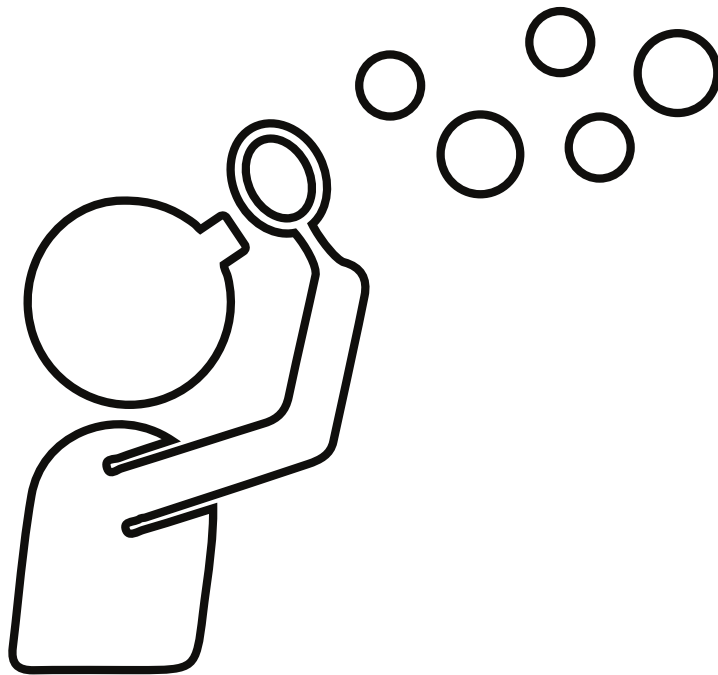
# LET'S PRACTICE BREATHING!

**First:** Breathe in! **Then:** Breathe out blow the bubbles.

**Last:** Color  the pictures below!



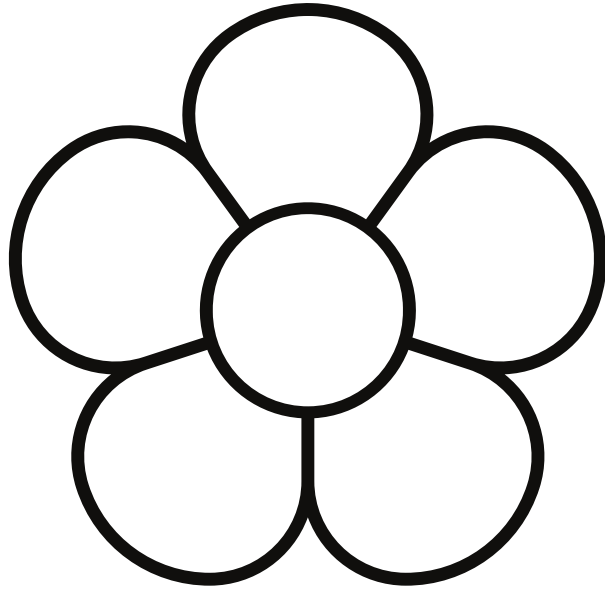
BREATHE IN!



BREATHE OUT! BLOW THE BUBBLES!

# LET'S PRACTICE BREATHING!

*First color the pictures. Then practice your breathing.*



SMELL THE FLOWER



BLOW OUT THE BIRTHDAY CANDLE